

YOUR ROAD MAP TO RECOVERY

RULES OF THE ROAD

There are no one way roads.

Stress can appear at any point, BEWARE.

You may need to travel some roads multiple times to reach your destination.

You can move from one road to another road.

DESTINATION : RECOVERY

For long term success, continue follow-up care.

SELF HELP NETWORK

NA

AA

Other

If your faith is the cornerstone of your life, this may be a good option.

Pastoral Counseling

Recovery Support

FAITH BASED SERVICES

A caseworker will work with you to develop a plan for follow-up care.

PROFESSIONAL CARE

Medications

Outpatient Treatment

Residential Treatment

Call 911
or
Go to the hospital for assistance
or
Call the Crisis Line
1-800-262-7491

ARH Psychiatric
606-6
Bailey Center
800-2



EMERGENCY

DETOX

Detox Services
Pikeville Regional Hospital
606-218-4680
Our Lady of Bellefonte (Ashland)
606-833-3333 or 866-910-6524

Medication
Ace Clinic (Hazard)
606-435-2566
Residential
Next Step (Jackson)
606-666-8519
Chrysalis House (Lexington)
800-713-0954 Women Only



PROFESSIONAL CARE



FAITH BASED SERVICES

Pastoral Counseling
Christian Appalachian Project
800-755-2016
Recovery Support
Westcare (Ashcamp)
606-754-7077 Men Only



WAYS TO PAY

UNITE
866-908-6483
Private Insurance
Self Pay
Sliding Fee Scale



P.A.R.K.

Partners for Advancing Recovery in
Kentucky, sponsored by the Robert Wood
Johnson Foundation.