

FAMILY PROGRAM

St. Christopher's Inn offers family counseling to all clients. It is known that family participation in treatment greatly improves outcomes. The family program meets 3 Sundays per month.

Evening Clinic

St. Christopher's Inn provides evening treatment services up to 3 times per week for men and women in the community.

Directions:

St. Christopher's Inn is accessible from the Garrison Train Station. For driving directions, call admissions at :

845-424-3616

OUTCOMES

One consideration in making a referral to a program is determining how well a program prepares someone for when they complete treatment. Below are St. Christopher's Inn outcome statistics on program graduates that were able to be tracked at the 1,3,6 and 12 month intervals:

1 Month after completing treatment

- ◆ 85% in aftercare treatment or graduated
- ◆ 93% remained abstinent
- ◆ 25% had obtained a job

3 Months after completing treatment

- ◆ 82% in aftercare treatment or graduated
- ◆ 99% remained abstinent
- ◆ 53% had obtained a job

6 Months after completing treatment

- ◆ 71% in aftercare treatment or graduated
- ◆ 91% remained abstinent
- ◆ 61% had obtained a job

12 Months after completing treatment

- ◆ 73% in aftercare treatment or graduated
- ◆ 82% remained abstinent
- ◆ 73% had obtained a job



St. Christopher's Inn
PO Box 150 Graymoor
Garrison, NY 10524

Phone: 845-424-3616
Fax: 845-424-4537
Website: stchristophersinn-graymoor.org

*Prepared Especially For:
Yonkers Drug Court*

*St. Christopher's Inn
Garrison, NY*



*"We have been called to heal wounds,
to unite what has fallen apart, and to
bring home those who have lost their
way."*

- St. Francis of Assisi

**Admissions Call:
845-424-3616
Or
800-424-0027**

**Visit our website at:
stchristophersinn-graymoor.org**

SHELTER SERVICES

St. Christopher's Inn is a temporary shelter dedicated to the rehabilitation of men in crisis. The Inn was founded almost 100 years ago by Fr. Paul Watson. Today the Inn shelters over 1,500 residents per year, most of whom suffer from chemical dependency. Residents of the Inn are engaged in a variety of counseling, medical, psychiatric and spiritual services during their shelter stay.

- ◆ St. Christopher's Inn has 150 beds for men seeking temporary shelter.
- ◆ Room, board and clothing are provided through the charity of the Franciscan Friars and Sisters of the Atonement.
- ◆ Men in the Shelter are provided with Case managers to assist them with discharge planning, and evaluate for treatment and other needs.
- ◆ All residents receive a complete physical examination.
- ◆ Pastoral Counseling is available
- ◆ AA and NA meetings daily

COUNSELING SERVICES

There are 4 primary OASAS licensed treatment programs at St. Christopher's Inn.

- ◆ DAY REHABILITATION
- ◆ AMBULATORY DETOXIFICATION
- ◆ CLINIC MODULE
- ◆ EVENING OUTPATIENT CLINIC

Clients receive individualized assessments and are placed in the appropriate level of care needed. Services are available 7 days per week.

SCOPE OF SERVICES INCLUDE:

- ◆ INDIVIDUAL/GROUP THERAPY
- ◆ RELAPSE PREVENTION GROUPS
- ◆ ACUPUNCTURE/FAMILY THERAPY
- ◆ MICA SERVICES/PSYCHODRAMA
- ◆ RECREATIONAL THERAPY
- ◆ DISCHARGE PLANNING
- ◆ VOCATIONAL/EDUCATIONAL SERVICES
- ◆ ACTIVE ALUMNI ASSOCIATION
- ◆ SMOKING CESSATION GROUPS

A SUCCESS STORY

Joe arrived at SCI in 1992, homeless and addicted. Joe was hopeless and ambivalent about treatment. After completing treatment at SCI, Joe went on for further treatment and realized the benefits of sobriety. Like hundreds before and after that have come through our doors, Joe remained sober. Today, you can speak to him directly. Joe LaMontagne is a CSW/CASAC, and Asst. Director of Clinical Services at SCI.

MEDICAL DEPARTMENT

The primary care services are provided in our Article 28 Clinic licensed by the department of Health.

The Medical Department of St. Christopher's Inn is staffed by registered nurses, nurse practitioners, physicians and psychiatrists.

The Diagnostic and Treatment Center completes a physical exam on all clients.

Clients with a psychiatric history or on psychotropic medications, receive a psychiatric evaluation, as well as those clients whose behavior warrants an evaluation.

HIV education is provided for all clients.

Health and nutritional counseling are available.

WHY MAKE A REFERRAL FROM YONKERS DRUG COURT TO SCI?

- ◆ We apply for Medicaid.
- ◆ Variable length of stay up to 90 days.
- ◆ Innovative approaches such as Psychodrama and Acupuncture.
- ◆ Special track for MICA clients.
- ◆ Spiritual component– Not necessarily religious.
- ◆ Assist in Halfway House/Sober House Placement.
- ◆ Intensive Evening Clinic for men and women
- ◆ Great food.
- ◆ Transportation available
- ◆ Track record of success– See “Outcomes”.

